



## 4 - H NOVEMBER CURRICULUM TRAINING

November 2009



### *Workshop Descriptions*

#### **1.) POWER OF WIND**

What do we get from the wind (besides messed up hair)?

Explore ways to help young people learn about the wind and its uses. This curriculum teaches youth how to design, create, build, and test a wind powered device. They learn about transfer of energy and using machines to make work easier. We will even explore properties of electromagnetism while using wind power.

#### **2.) MISSION: 4-H HEALTH PROJECT**

Your challenge, should you choose to accept it, is to explore the many facets of the 4-H Health Project while exploring 4-H curriculum and planning a project meeting.

#### **3.) OPERATION MILITARY KIDS – EXPLORING DEPLOYMENT SUPPORT YOUTH ACTIVITY GUIDES**

As military youth experience the deployment cycle, there are many skills and lessons that can help them cope and deal with their experiences. Come experience these lessons and learn how you could utilize and present them as well.

#### **4.) CHICK QUEST**

The Chick Quest curriculum provides several fun and exciting activities to help youth explore science, engineering, and technology. We will investigate the inside of an egg, explore egg physics, and learn more about the scientific method. Come join the fun!

#### **5.) LAUNCHING LIFE LONG LEADERSHIP**

The 4-H Youth Leadership Initiative will be sharing NEW lessons in leadership called “Launching Life Long Leadership”. The 60-minute leadership lessons focus on the seven youth leadership core competencies, and are designed to be experiential and fun!

#### **6.) SHOOTING SPORTS AND WILDLIFE**

Participants will receive hands-on activities as they journey through the new wildlife curriculum. We will start by making a field journal and use it to explore habitats, wildlife activity, and careers.

#### **7.) FUN FOODS FOR FAMILY AND FRIENDS (5 F’S!)**

The fast pace of our lives makes it ever more complicated to put a good, nutritious meal on the table. The Fast Foods colorful 4-H curriculum is designed to help today’s busy families with planning, grocery shopping, and meal preparation.

#### **8.) READING MAKES CENTS: LEARNING ABOUT MONEY CONCEPTS THROUGH CHILDREN’S LITERATURE**

This session introduces *Reading Makes Cents*, a new National 4-H after-school curriculum for 3<sup>rd</sup> – 5<sup>th</sup> graders, but is easily adapted for other grade levels and audiences. The curriculum is a collection of 53 experiential activities developed around children’s literature that has money as a theme. The children’s literature explores ideas, activities, and strategies that will help children learn how to earn, save, share, and spend money.

#### **9.) GET GROWING WITH MEAT GOATS**

Don’t let it get your goat! Participants will explore the new national meat goat curriculum and see practical applications in a variety of settings to include goat experts and beginners.

#### **10.) WECONNECT**

WECONNECT is a curriculum and program model designed to show youth that they are participants of a global society, inspiring a sense of understanding and confidence in relating and connecting to other people.



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### *Learn after Lunch Session Descriptions*

#### **A. EXPERIENCING EXPERIENTIAL LEARNING**

Experiential Learning is one of the foundations of the 4-H program. This will help you experience what really Experiential Learning is all about! Get excited for Experiential Learning!!

#### **B. LIFE SKILLS – A 4-H IMPACT!**

What are life skills and how do you know what skills youth are learning? Participants will explore life skills, determine ways to be intentional, so youth are practicing and learning them. Examine ways that life skills fit with 4-H experiences and begin to evaluate how they impact the 4-H program. Be ready to explore some great hands-on life skills activities.

#### **C. CREATING THE CONDITIONS FOR THE FLOW OF LEARNING**

The metaphor *flow* is one that many people have used to describe a sense of effortless action they feel in moments that stand out as the best in their lives. Learn how you can create the conditions for flow in your club or program.

#### **D. INQUIRY-BASED LEARNING (IBL)**

Inquiry is a way of learning about the world. It includes asking questions, making predictions, discovering, testing your discoveries and communicating about them. Inquiry-based learning has many levels. We will try out some inquiries and you will discover some ways to build IBL into project experiences.

#### **E. EIGHT KEYS & FOUR ESSENTIAL ELEMENTS**

Eight Keys, Four Essential Elements – What are they and what do they have to do with 4-H? Workshop participants will gain an understanding of what they are and how they relate to the 4-H programming that we do and increase their consciousness of addressing the Keys and Elements when planning and providing programming.