

Athletic Shoes

Intermediate

Riley is looking forward to going back to school and the fall cross country season. This will be his second season out for cross country. With the price of gas, Riley's mom said they will only be making one back to school shopping trip.

Riley wants to purchase a lightweight running shoe that he can wear for daily practice. He has limited money available for back to school shopping so he wants to make a wise consumer purchase and make his money stretch further. Appropriate cushioning and support is important. Riley always likes to try the shoes on before purchasing because his feet run wide and he sometimes has to purchase the wide width shoe.

What pair of shoes should Riley purchase?

Criteria:

- Lightweight, running shoe
- Cost
- Cushioning and support
- Wide width option

Athletic Shoes

Senior

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Riley wants to purchase a lightweight running shoe that he can wear for daily practice. He has limited money available for back to school shopping so he wants to make a wise consumer purchase and make his money stretch further. Appropriate cushioning and support is important. Riley always likes to try the shoes on before purchasing because his feet run wide and he sometimes has to purchase the wide width shoe.

What pair of shoes should Riley purchase?

#1

Adidas® Duramo Running Shoe

Cost: \$69.99

A lightweight men's running shoe that's heavy on performance.

- soft nylon mesh upper
- stabilizing overlays with signature side striping
- cushioned EVA insole
- shock absorbing midsole with adiPRENE® heel cushioning

Men's running shoe has a durable adiWEAR® rubber sole for increased durability and control.



#2

New Balance® 1009 Trainer

Cost: \$79.99

Lightweight men's lace-up cross trainer sports an innovative design that's big on both comfort and performance.

- ABZORB® DTS and SBS technology provide superior cushioning and stability
- padded collar and cushioned insole for comfort
- breathable synthetic/mesh upper
- synthetic inner lining
- available in expanded widths

Men's lace-up cross-training shoe has an incredibly durable all-rubber sole for the ultimate in performance and control.



#3

ASICS® Kahana trail shoe

Cost: \$64.99

Tackle rugged terrain in this stylish men's lace-up trail shoe that combines superb cushioning and responsive traction.

- DuoMax® support system to prevent overpronation
- GEL® cushioning system in forefoot and rear
- Trusstic System® midfoot support
- padded collar and cushioned insole
- synthetic leather trim and lining
- accepted by American Podiatric Medical Association

Men's lace-up trail shoe has a strong rubber sole that's designed for rugged trails and tough terrain.



#4

Reebok Velocity XC Spike Shoe

Cost: \$49.95

Reebok Velocity XC Spike Track & Field Shoes are a great performer for the price.

- lightweight, versatile shoe
- spikeless running shoe
- padded collar and cushioned insole for comfort and support
- mesh overlay provides ventilation
- designed for cross-country and indoor track

Men's track and field shoe has an incredibly durable all-rubber sole for the ultimate in performance and control.



Athletic Shoes Officials

Official Placing: 4-1-2-3
Cuts: 2-2-4

In this class of Athletic Shoes, the official placing is 4,1,2,3.

At the top of the class is a pair of shoes that easily met three of the four mentioned criteria, shoe number 4 - Reebok Velocity XC Spike Shoe. Since it does not mention if the shoe is available in wide width, Riley will have to try the shoe on to determine if the shoe fits his foot comfortably.

In the top pair, I place 4 over 1 because it is lower in price. I grant that both 4 and 1 are listed as a lightweight, running shoe and include varying elements for cushioning and support.

In the middle pair I place 1 over 2 because 1 is listed as a lightweight, running shoe where as 2 is listed as a lightweight cross trainer. I grant that 2 is listed as available in wide width and acknowledge that Riley will need to try 1 one to ensure an appropriate fit. I fault 2 for being the most expensive pair of shoes in the class.

In the bottom pair I place 2 over 3. Shoe number 2 is listed as lightweight, but neither are listed as a running shoe. I grant that 3 is the second most affordable shoe in the class, but still leave it at the bottom of the class.

For these reasons, this class is placed 4-1-2-3.

Athletic Shoes
Official Placement:4-1-2-3
Cuts:2,2,4

1-2-3-4 - 36
1-2-4-3 - 44
1-3-2-4 - 32
1-3-4-2 - 36
1-4-2-3 - 48
1-4-3-2 - 44
2-1-3-4 - 34
2-1-4-3 - 42
2-3-1-4 - 28
2-3-4-1 - 30
2-4-1-3 - 44
2-4-3-1 - 38
3-1-2-4 - 26
3-1-4-2 - 30
3-2-1-4 - 24
3-2-4-1 - 26
3-4-1-2 - 32
3-4-2-1 - 30
4-1-2-3 - 50
4-1-3-2 - 46
4-2-1-3 - 48
4-2-3-1 - 42
4-3-1-2 - 40
4-3-2-1 - 38